

DA-HOW

Fourth Step Close Study

All readings are from The Twelve Steps and Twelve Traditions of Alcoholics Anonymous (the 12&12) or Alcoholics Anonymous (the Big Book).

- 1. *Reading:*** Pages 42-47 in the 12&12
Writing: Discuss and reflect on the following quotation found on page 47: “We thought conditions drove us to drink” reflecting on the people, places, conditions and circumstances in your life that drove you to debt, spend or otherwise abuse money.
- 2. *Reading:*** Pages 48-49 in the 12&12
Writing: Discuss and reflect on the following quotations found on page 49: “These fears are the termites that ceaselessly devour the foundations of whatever sort of life we try to build.”
- 3. *Reading:*** Pages 50-51 in the 12&12
Writing: Discuss and reflect on the following quotation found on page 50: “By now the newcomer has probably arrived at the following conclusions... (continue through)...that all the faulty foundation of his life will have to be torn out and built anew on bedrock.”
- 4. *Reading:*** Pages 50-53 in the 12&12
Writing: Discuss and reflect on the following quotation found on page 53: “The primary fact that we fail to recognize is our total inability to form a true partnership with another human being.”
- 5. *Reading:*** Pages 53 in the 12&12
Writing: Discuss and reflect on the following quotation found on page 53: “This self centered behavior blocked a partnership relation with any one of those about us. Of true brotherhood we had small comprehension.”
- 6. *Reading:*** Pages 53-54 in the 12&12
Writing: Discuss and reflect on the following quotation found on page 53: “Because our surface record hasn’t looked too bad... (continue through)...Whatever the defects, they have finally ambushed us into alcoholism and misery.”
- 7. *Reading:*** Pages 63-64 in the Big Book
Writing: Discuss and reflect on the following quotation found on page 64: “Next we launched out on a course of vigorous action, the first step of which is a personal housecleaning, which many of us had never attempted.”
- 8. *Reading:*** Pages 64 in the Big Book
Writing: Discuss and reflect on the following quotations found on page 64: “Our liquor was but a symptom. So we had to get down to causes and conditions.”

9. *Reading:* Pages 64 in the Big Book

Writing: Discuss and reflect on the following quotations found on page 64: “When the spiritual malady is overcome, we straighten out mentally and physically.”