

# DA-HOW

## Eighth Step Close Study

All readings are from The Twelve Steps and Twelve Traditions of Alcoholics Anonymous (the 12&12) except as noted.

1. **Reading:** The “Seventh Step Prayer” on page 76 in the Big Book. Then read page 77 in the 12&12.

**Writing:** Discuss and reflect on the following quotation found on this page: “Learning how to live in the greatest peace, partnership, and brotherhood (sisterhood)...(continue through)...moving and fascinating adventure.”

2. **Reading:** Page 78

**Writing:** Discuss and reflect on the following quotation found on this page: “Moreover it is usually a fact that our behavior, when drinking, has aggravated the defects of others.”

3. **Reading:** Page 79

**Writing:** Discuss and reflect on the following quotation found on this page: “This attitude of course is the end result...(continue through)...honest search of our motives and actions.”

4. **Reading:** Page 80

**Writing:** Discuss and reflect on the following quotation found on this page: “Calm, thoughtful reflection upon personal relations...(continue through)...responsible for the whole pattern of our lives.”

5. **Reading:** Pages 81 and 82

**Writing:** Discuss and reflect on the following quotation found on page 81: “Such a roster of harms done others...(continue through)...expensive as that we have caused at home.”